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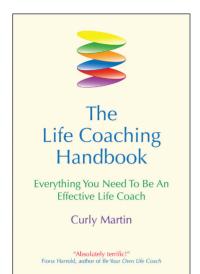
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Curly Martin is a Fellow member and the International Head of Ethics and Standards of The International Institute of Coaching & Mentoring. She founded Achievement Specialists Limited, an internationally accredited life coach training company in 1997 (incorporated 2004) using her 25+ years' experience as a business coach, mentor and trainer.

The Life Coaching Handbook Everything you need to be an effective life coach

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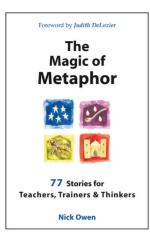
This complete guide to life coaching reveals what life coaching *is*, how to coach yourself and others effectively, and how to create and sustain a successful coaching practice.

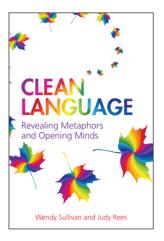
The Life Coaching Handbook is the essential guide for life coaches, and a key source-book for NLP practitioners, human resources managers, training professionals, counsellors and the curious. Curly Martin is a professional life coach, author, trainer and internationally qualified NLP Master Practitioner. Having coached for more than 20 years, her clients include celebrities, CEOs, directors and doctors.

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Nick Owen

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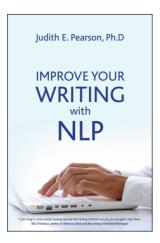
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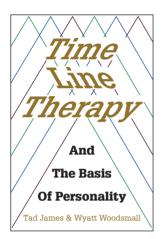
The Five-Minute Coach Improve performance – rapidly

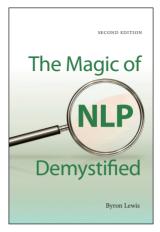
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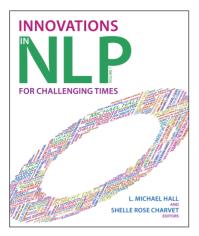
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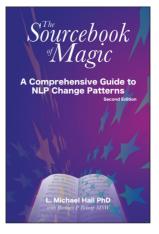
Byron Lewis

With new and updated material, this is the second edition of a work which has long been regarded as one of the best introductions to NLP and, in particular, its Language of Communication model available. It introduces the reader to a remarkable new approach to the study of human communications and therapeutic change.

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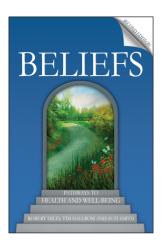
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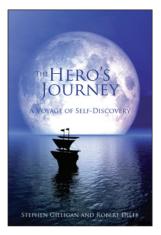
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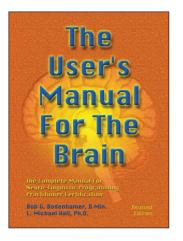
Teaches you powerful processes for change and demonstrates how to identify and change beliefs using scripts from personal change work undertaken with individuals in workshops. These processes include reimprinting, conflict integration, belief/reality strategies, visualisation and criteria identification.

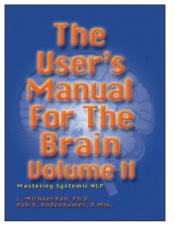
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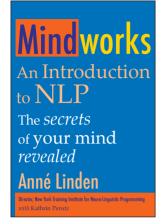
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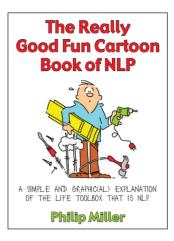
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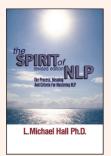
Mindworks shows you how to change your mind, reprogram your thoughts, gain control of your fears and fulfil your desires and potential – and is still one of the best introductions to NLP available. It also shows you how to unlock the resources, abilities and creativity that you already have in order to accomplish whatever you want to do and take control of your life. The Really Good Fun Cartoon Book of NLP A simple and graphic(al) explanation of the life toolbox that is NLP

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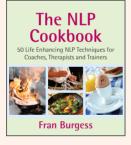
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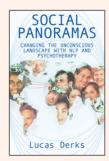
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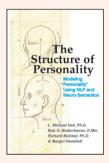
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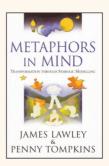
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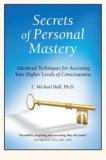


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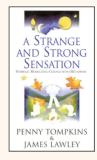
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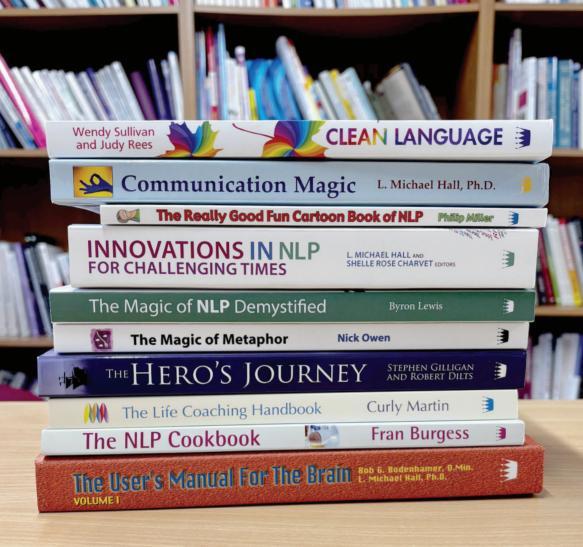
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