



Crown House Publishing

Neuro-Linguistic Programming
Catalogue

Head office

Crown House Publishing Ltd
Crown Buildings, Bancyfelin,
Carmarthen, SA33 5ND, United
Kingdom

Tel: +44 (0) 1267 211345

Fax: +44 (0) 1267 211882

Email: books@crowhouse.co.uk

Website: www.crowhouse.co.uk



Social media: @CrownHousePub

Includes Independent Thinking
Press, an imprint of Crown House

Publishing Ltd

All of our ebooks and audiobooks
are available to purchase via our
website on the Glassboxx App.

Sales and marketing

Amy Heighton

Email: aheighton@crowhouse.co.uk

Tel: +44 (0) 1267 211345

Rights

Jonathan Richards

Email: jrichards@crowhouse.co.uk

Tel: +44 (0) 1267 211345

Submissions

Email: submissions@crowhouse.co.uk

Bookshop orders

Grantham Book Services Ltd
Trent Road, Grantham, Lincolnshire,
NG31 7XQ, United Kingdom
Tel: +44 (0) 1476 541080
Email: orders@gbs.tbs-ltd.co.uk

eBooks

Faber Factory

Tel: +44 (0) 20 7927 3800

Email: factory@faber.co.uk

UK trade representation

Compass Independent Publishing
Services

Website: www.compassips.london

See full details on page 15

USA

Crown House Publishing

Tel: +1 877-925-1213

Email: info@chpus.com

Website: www.crowhousepublishing.com

See full details on page 15

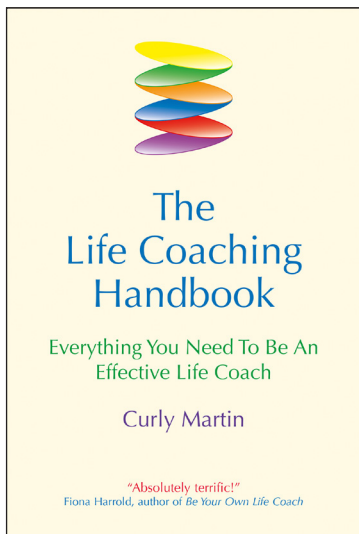
Key

CAN N/A – This title is not available in Canada

US N/A – This title is not available in the USA

Please note that all prices and content are correct at time of printing but may be subject to change without notice.

Contact Us



Curly Martin is a Fellow member and the International Head of Ethics and Standards of The International Institute of Coaching & Mentoring. She founded Achievement Specialists Limited, an internationally accredited life coach training company in 1997 (incorporated 2004) using her 25+ years' experience as a business coach, mentor and trainer.


The Life Coaching Handbook

Everything you need to be an effective life coach

Curly Martin

This complete guide to life coaching reveals what life coaching *is*, how to coach yourself and others effectively, and how to create and sustain a successful coaching practice.

The Life Coaching Handbook is the essential guide for life coaches, and a key source-book for NLP practitioners, human resources managers, training professionals, counsellors and the curious. Curly Martin is a professional life coach, author, trainer and internationally qualified NLP Master Practitioner. Having coached for more than 20 years, her clients include celebrities, CEOs, directors and doctors.

Also available as an audiobook, ISBN 978-190442469-7. 

Neuro-Linguistic Programming

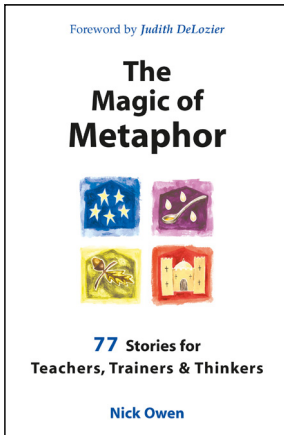
978-189983671-0
£17.99

CAN \$29.95 • US \$24.95

234 x 156mm

224 pages

paperback • ebook • audiobook




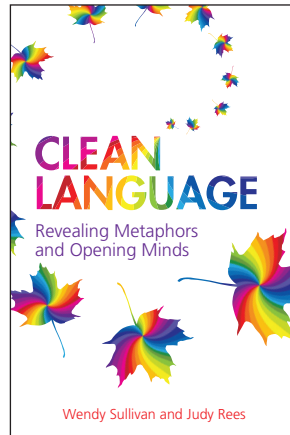
The Magic of Metaphor

77 Stories for teachers, trainers and thinkers

Nick Owen

This book presents a collection of powerful stories designed to engage, inspire and transform the listener as well as the reader. Promoting positive feelings, confidence, direction and vision, the stories supply a wealth of advice and information on the art of creating metaphor and storytelling.

Also available as an audiobook,
ISBN 978-178583203-1. 



Clean Language

Revealing metaphors and opening minds

Wendy Sullivan and Judy Rees

Clean Language will teach you a new way to communicate which gets to the heart of things! By asking Clean Language questions to explore the metaphors which underpin a person's thinking, you can help people to change their lives in a way that intrinsically respects diversity and supports empowerment.

Neuro-Linguistic Programming

978-189983670-3

£17.99

CAN \$29.95 • US \$24.95

234 x 156mm

256 pages

paperback • ebook • audiobook

978-184590125-7

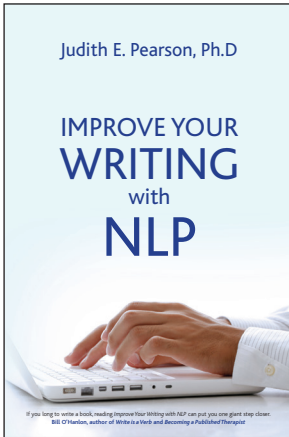
£17.99

CAN \$29.95 • US \$22.95

234 x 156mm

240 pages

paperback • ebook



Improve Your Writing with NLP

Judith E. Pearson

This timely book details the NLP strategies that can transform a tentative, novice writer into a passionate, productive dynamo, adapting the resourceful states, beliefs, cognitive strategies and behaviours of highly accomplished writers.



The Five-Minute Coach Improve performance – rapidly

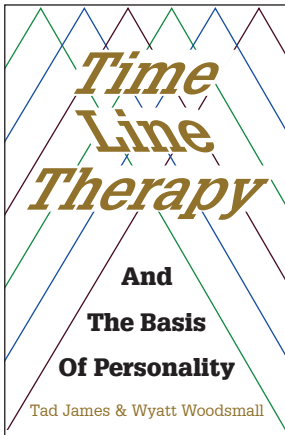
Lynne Cooper and
Mariette Castellino

Offers a simple, step by step guide on how to coach quickly and effortlessly to get amazingly better results at work. Short, punchy and easy to read, the book shares innovative and effective tools for improving performance. Designed for leaders, managers and supervisors in any setting.

Neuro-Linguistic Programming

978-184590861-4
£18.99
CAN \$29.95 • US \$19.95
234 x 156mm
208 pages
paperback • ebook

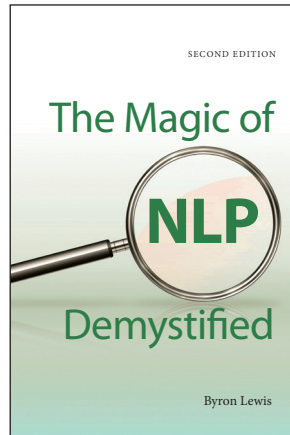
978-184590800-3
£16.99
CAN \$24.95 • US \$21.95
234 x 156mm
240 pages
paperback • ebook



Time Line Therapy and the Basis of Personality

Tad James and
Wyatt Woodsmall

A compelling study of the important elements that make up a person's core personality, and a detailed exploration of – and introduction to – how Time Line therapy works in practice. The book expands and updates our knowledge of how people actually store their memories, and sheds light on the effect that the system used for memory storage has on the individual.



Magic of NLP Demystified – Second Edition

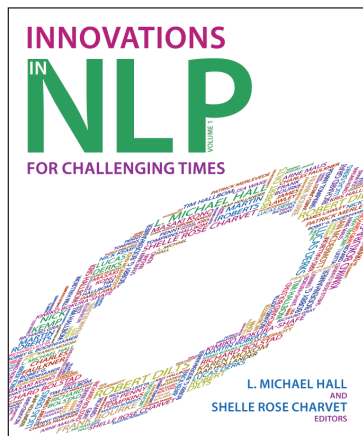
Byron Lewis

With new and updated material, this is the second edition of a work which has long been regarded as one of the best introductions to NLP and, in particular, its Language of Communication model available. It introduces the reader to a remarkable new approach to the study of human communications and therapeutic change.

Neuro-Linguistic Programming

978-178583283-3
£24.99
CAN \$34.95 • US \$27.50
228 x 150mm
292 pages
paperback • ebook

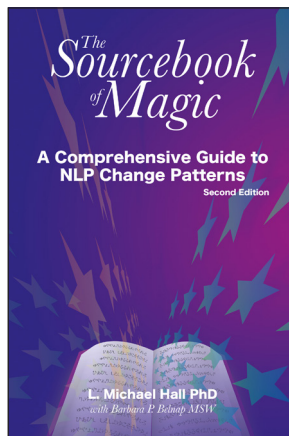
978-184590803-4
£17.99
CAN \$29.95 • US \$19.95
234 x 156mm
216 pages
paperback • ebook



Innovations in NLP For challenging times

L. Michael Hall and
Shelle Rose Charvet

This long-awaited book brings together some of the most recent innovations and applications of the traditional NLP model. Each chapter describes a new model or application and contains step-by-step instructions or a case study on how and when to apply it. It provides an outstanding collection of new tools and ideas.



The Sourcebook of Magic Second Edition

A comprehensive guide to NLP
change patterns

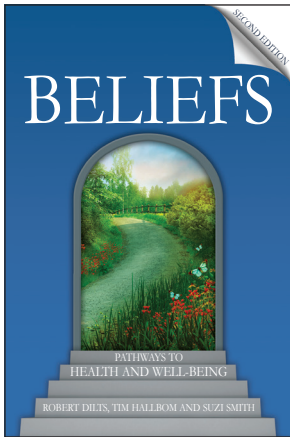
L. Michael Hall

This remarkable book details the 77 basic or core NLP patterns for transformational change. In it, Michael provides new insights about how the patterns work and the cognitive-behavioural mechanisms that make the neuro-linguistic and neuro-semantic approach so powerful.

Neuro-Linguistic Programming

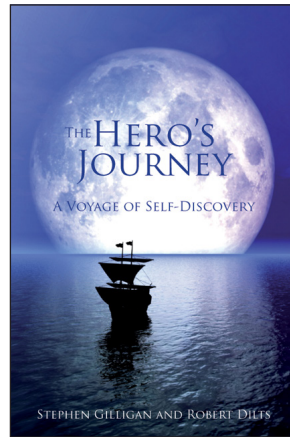
978-184590734-1
£25.00
CAN \$34.95 • US \$35.00
222 x 182mm
300 pages
paperback • ebook

978-190442425-3
£20.00
CAN \$34.95 • US \$31.95
234 x 156mm
416 pages
paperback • ebook



Beliefs – Second Edition
Pathways to health and well-being
 Robert Dilts, Tim Hallbom and
 Suzi Smith

Teaches you powerful processes for change and demonstrates how to identify and change beliefs using scripts from personal change work undertaken with individuals in workshops. These processes include reimprinting, conflict integration, belief/reality strategies, visualisation and criteria identification.



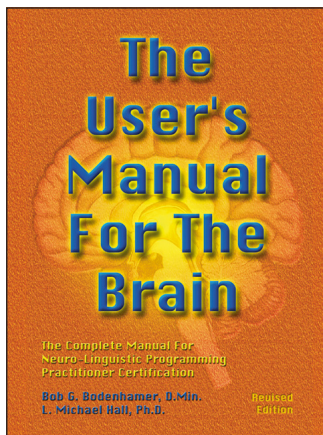
The Hero's Journey
A voyage of self-discovery
 Stephen Gilligan and
 Robert Dilts

Stephen Gilligan and Robert Dilts truly take you on a voyage of self-discovery. *The Hero's Journey* examines the questions: How can you live a meaningful life? What is the deepest life you are called to, and how can you respond to that call?

Neuro-Linguistic Programming

978-184590802-7
 £17.99
 CAN \$29.95 • US \$27.95
 234 x 156mm
 256 pages
 paperback • ebook

978-178583162-1
 £19.99
 CAN \$34.95 • US \$24.95
 234 x 156mm
 288 pages
 paperback • ebook

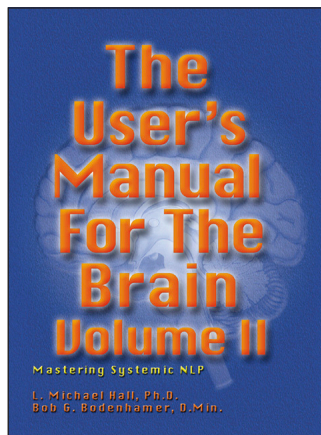


The User's Manual for the Brain Volume I

The complete manual for Neuro-Linguistic Programming practitioner certification

Bob G. Bodenhamer and
L. Michael Hall

The most comprehensive NLP Practitioner course manual ever written. A fully revised and updated edition, it contains the very latest in NLP, particularly with regard to the Meta-states model and the Meta-model of language.



The User's Manual for the Brain Volume II

Mastering systemic NLP

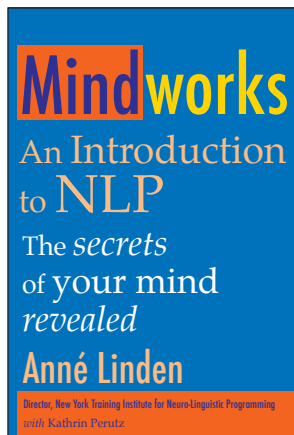
Bob G. Bodenhamer and
L. Michael Hall

This much anticipated volume continues in the tradition of Volume I as the most comprehensive manual published to date covering the NLP Practitioner course. The authors now introduce the latest advances in the field and invite you to reach beyond Practitioner level to Master level, where you will develop the very spirit of NLP.

Neuro-Linguistic Programming

978-189983632-1
£39.50
CAN \$64.95 • US \$49.50
244 x 169mm
424 pages
hardback • ebook

978-189983688-8
£39.50
CAN \$64.95 • US \$49.50
244 x 169mm
480 pages
hardback • ebook

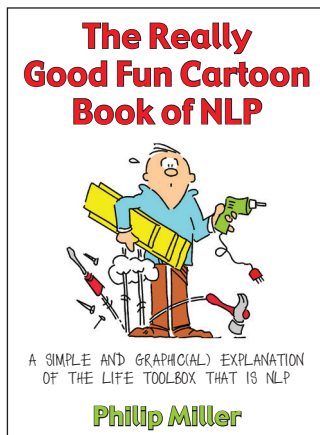


Mindworks

An introduction to NLP

Anné Linden

Mindworks shows you how to change your mind, reprogram your thoughts, gain control of your fears and fulfil your desires and potential – and is still one of the best introductions to NLP available. It also shows you how to unlock the resources, abilities and creativity that you already have in order to accomplish whatever you want to do and take control of your life.



The Really Good Fun Cartoon Book of NLP

A simple and graphic(al)
explanation of the life toolbox
that is NLP

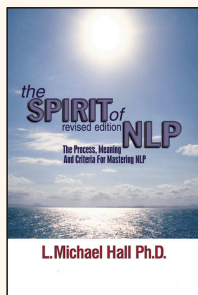
Philip Miller

Cuts through all the jargon by using simple language and amusing illustrations to get across the principles of NLP and how people can think about using them in their everyday lives.

Neuro-Linguistic Programming

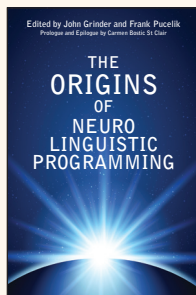
978-184590086-1
£16.99
CAN \$22.95 • US \$16.95
229 x 152mm
288 pages
paperback • ebook

978-184590115-8
£12.99
CAN \$22.95 • US \$16.95
210 x 148mm
158 pages
paperback • ebook



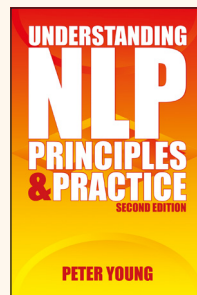
The Spirit of NLP
L. Michael Hall

978-189983604-8
£20.00
CAN N/A • US \$25.00



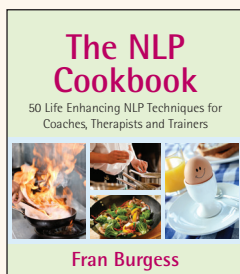
The Origins of
Neuro Linguistic
Programming
John Grinder and
Frank Pucelik

978-184590858-4
£18.99
CAN N/A • US \$19.95



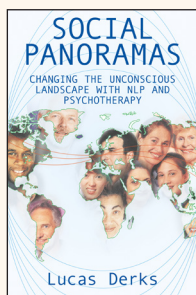
Understanding NLP
Peter Young

978-190442410-9
£16.99
CAN N/A • US \$31.95



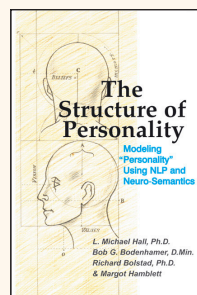
The NLP Cookbook
Fran Burgess

978-184590733-4
£19.99
CAN \$34.95 • US \$31.95



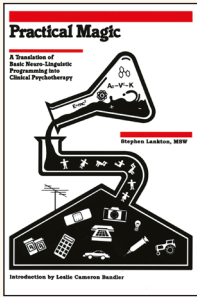
Social Panoramas
Lucas Derks

978-190442403-1
£19.99
CAN N/A • US \$54.95



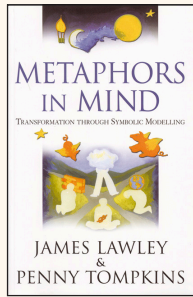
The Structure of
Personality
L. Michael Hall, Ph.D.,
Bob G. Bodenhamer, D.Min.,
Richard Bolstad, Ph.D.
& Margot Hamblett

978-184590675-7
£35.00
CAN \$59.95 • US \$45.00



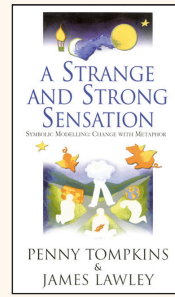
Practical Magic
Stephen Lankton

978-190442411-6
£19.99
CAN N/A • US \$31.95



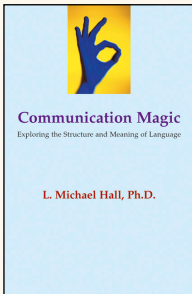
Metaphors in Mind
James Lawley and
Penny Tompkins

978-095387510-8
£17.95
CAN \$32.95 • US \$37.95



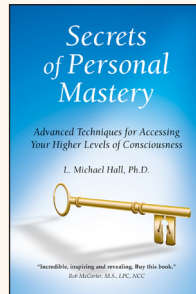
**A Strange and Strong
Sensation**
Penny Tompkins and
James Lawley

978-095387512-2
£18.95
CAN N/A • US \$24.95



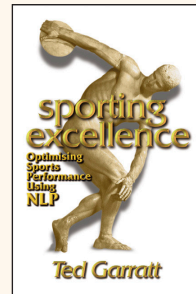
Communication Magic
L. Michael Hall

978-189983673-4
£20.00
CAN N/A • US \$39.95



**The Secrets of Personal
Mastery**
L. Michael Hall

978-189983656-7
£20.00
CAN N/A • US \$24.95



Sporting Excellence
Ted Garratt

978-189983626-0
£16.99
CAN \$22.95 • US \$28.95

Neuro-Linguistic Programming

**Australia, New Zealand,
Papua New Guinea, Fiji, Tonga,
Soloman Islands and Cook
Islands**

Woodslane Pty Ltd
10 Apollo St,
Warriewood NSW 2102, Australia
Tel: +61-2-8445-2300
Email: info@woodslane.com.au
Website: www.woodslane.com.au

Canada

Login Canada
300 Saulteaux Crescent,
Winnipeg, MB,
R3J 3T2, Canada
Tel: +1-800-665-1148 or
+204-837-2987
Fax: +1-800-665-0103 or
+204-837-3116
Email: orders@lb.ca
Website: www.lb.ca

**China, Hong Kong, Thailand,
Indonesia, Laos, Cambodia,
Vietnam, Myanmar, Philippines,
Korea and Taiwan**

Chris Ashdown
Publishers International Marketing
1 Monkton Close, Ferndown,
Dorset, BH22 9LL, United Kingdom
Tel: + 44 (0) 1202 896210
Fax: + 44 (0) 1202 896210
Email: chris@pim-uk.com
Website: www.pim-uk.com

India

Research Press
GF -31, Ground Floor, MGF Megacity
Mall, M G Road, Gurgaon, 122002,
India
Tel: +91 124 404 0017
Email: aparmar@researchpress.co.in

India

M/s Epitome Publishing Solutions
Pvt., Ltd.
Old no. 38 new no. 6 McNichols Road,
2nd Lane, Chetpet, Chennai – 600031,
India
Tel: +91 44 4280 1333
Fax: +91 44 2836 3002
Email: sales@epitomepub.com
Website: www.epitomepub.com

Japan

Scipio Stringer
Publishers International Marketing
Email: scipio@pim-uk.com
Website: www.pim-uk.com

Latin America

David Williams
InterMediaAmericana Ltd
Email: david@intermediaamericana.com

Malaysia

PMS Publishers Services Pte Ltd
Unit 509, Block E, Phileo Damansara 1,
Jalan 16/11, Off Jalan Damansara,
46350 Petaling Jaya, Selangor,
Malaysia
Tel: (03) 7955 3588
Fax: (03) 7955 3017
Email: pmsmal@pms.com.sg
Website: www.pms.com.sg

Near and Middle East and North Africa

Mark Cox
International Publishers
Representatives (IPR)
PO Box 25731, 1311 Nicosia, Cyprus
Tel: +357 22872355
Fax: +357 22872359
Email: info@ipr-pub.com
Website: www.ipr-pub.com

Pakistan

Muhammad Anwar Iqbal
Book Bird
36 B Abdalians HS, Nazaria e Pakistan
Avenue, Johar Town, Lahore,
Post Code 54770, Pakistan
Tel International: 00 92 343 8464747
Tel Domestic: 0343 8464747
Fax International: 00 92 042 35956161
Fax Domestic: 042 35956161

Republic of South Africa

Suzette Hamman
Sula Book Distributors
Golf Close 2 House # 6, Van Riebeeck
Street, Moorreesburg 7310, Western
Cape, South Africa
Tel: +27 (83) 290 7576
Email: suzette@sula.co.za
Website: www.suladistributors.co.za

Singapore

PMS Publishers Services Pte Ltd
1004, Toa Payoh North
#02 - 14/15
Singapore 318995
Tel: +65 6256 5166
Email: info@pms.com.sg
Website: www.pms.com.sg

Spain, Portugal and Gibraltar

Iberian Book Services
Sector Islas, Bloque 12, 1B
28760 Tres Cantos, Madrid, Spain
Email: cprout@iberianbookservices.com
Website: www.iberianbookservices.com

Sub Sahara Africa (excluding RSA) and the Caribbean

Kelvin van Hasselt
15 Hillside,
Cromer, Norfolk,
NR27 OHY, United Kingdom
Tel: + 44 (0) 1263 513560
Email: kelvin@africabookrep.com

UK trade representation

Compass Independent Publishing
Services Limited

Website: www.compassips.london

Key national accounts:

Lee Morgan

Tel: +44 (0) 7901 916158

Email: lee.morgan@compassips.london

East Anglia and Online Accounts:

Richard Lyle

Tel: +44 (0) 7901 916170

Email: richard.lyle@compassips.london

Central and Southern England,
and South Wales:

Sarah Hodgen

Tel: +44 (0) 7824 513720

Email: sarah.hodgen@compassips.london

Scotland, Northern England, Welsh
Borders and North Wales:

Halen Lemberger

Tel: +44 (0) 7901 916164

Email: halen.lemberger@compassips.london

London and South East England:

Maddy Gwyer

Tel: +44 (0) 7900 498301

Email: maddy.gwyer@compassips.london

Southern England and Selected Key
Accounts:

Sue Wilcox

Tel: +44 (0) 7801 926247

Email: sue.wilcox@compassips.london

Ireland:

Michael Darcy

Tel: +353 8622 52380

Email: michael.darcy@brookside.ie

London and Home Counties North,
and Selected Key Accounts:

Les Phipps

Tel: +44 (0) 7801 926247

Email: les.phipps@compassips.london

USA

Crown House Publishing

PO Box 2223, Williston,

VT 05495, USA

For order enquiries:

Tel: +1 877-925-1213

Fax: +1 802-864-7626

Email: info@chpus.com

For other enquiries:

Tel: +44 (0) 1267 211345

Fax: +44 (0) 1267 211882

Email: books@crownhouse.co.uk

Website: www.crownhousepublishing.com

If you wish to see our education or business and personal development catalogues, please email: books@crownhouse.co.uk
Or visit our website www.crownhouse.co.uk to see our full range of titles.



Crown House Publishing
Crown Buildings
Bancyfelin
Carmarthen
SA33 5ND
United Kingdom
www.crownhouse.co.uk